

  
**heart to heart**  
INTERNATIONAL CHILDREN'S MEDICAL ALLIANCE  
**INTO the**  
**HEARTLAND**  
**CAMPAIGN**

**TOMSK PEDIATRIC SURGICAL MISSION II**  
 APRIL 2007



**PATIENT PROFILE**

Child	Natalya M. (nicknamed Natasha)
Age	5 months old
DOB	January 2007
Birth Weight	1.8 kg
Current Weight	3.4 kg
Home	Tomsk
Mother	Irina, 32 years old
Father	Vladimir, 33 years old
Diagnosis	ASD with complications
Open-heart surgery	May 5, 2007
Discharged	May 16, 2007

**THE HOUSEHOLD AND THE FAMILY**

Before Natasha was born, Irina worked as salesperson in food service. She worked until she was six months pregnant. Natasha's father is a contractor.

Irina and her husband lived together for two years with his mother, but the situation didn't work out. So, Irina took baby Natasha and returned to her own parents in a three-room apartment in a large apartment building. Her mother is a cook, her father a welder. Irina is their only child, and they took her in with pleasure. Irina looks much younger than her age, frail, thin, with gold teeth and a lovely smile. She lost her milk early on and began bottle feeding her baby. Natasha cries a lot, is very fussy, and hardly sleeps in the day, although she sleeps well at night.

**CHILD'S DEVELOPMENT AND CONDITION**

Natasha was diagnosed on the tenth day after she was born in a local hospital. A loud murmur was heard and she was referred to the Tomsk Cardiology Institute. Irina expressed serious concerns that her young child may be developing psychological problems, saying "There are times that she is very restless and I can't calm her down in any way." I suggested that it was probably related to the discomfort Natasha was feeling due to her heart defect. Irina said that she doesn't see other babies acting like that. I told her to remain calm and described the defect and some of its effects to her.

The joint Heart to Heart-Tomsk team operated on baby Natasha on May 5th. There were no complications—she should lead a normal, healthy life.

*Based on an interview conducted in Russian by Heart to Heart volunteer Rose Glickman, PhD in Tomsk.*